Trace & Grow

How we form our letters

A free practice pack for home, ages 3 to 6

Dear grown-ups,

These pages help your child practise forming letters the right way: starting at the dot and following the arrows, small letters first.

A few minutes a day is plenty. Little and often works best.

1. Hold the pencil between thumb and first finger, resting on the middle finger.
2. Start every letter at the dot. Say the sound as you write it.
3. Trace first, then try on your own on the empty line.
4. Praise the effort, not the neatness. Stop while it's still fun.

Print as many copies as you like.

More free pages: traceandgrow.com/free

From Trace & Grow, a small family maker of tracing books, Birmingham UK

The alphabet

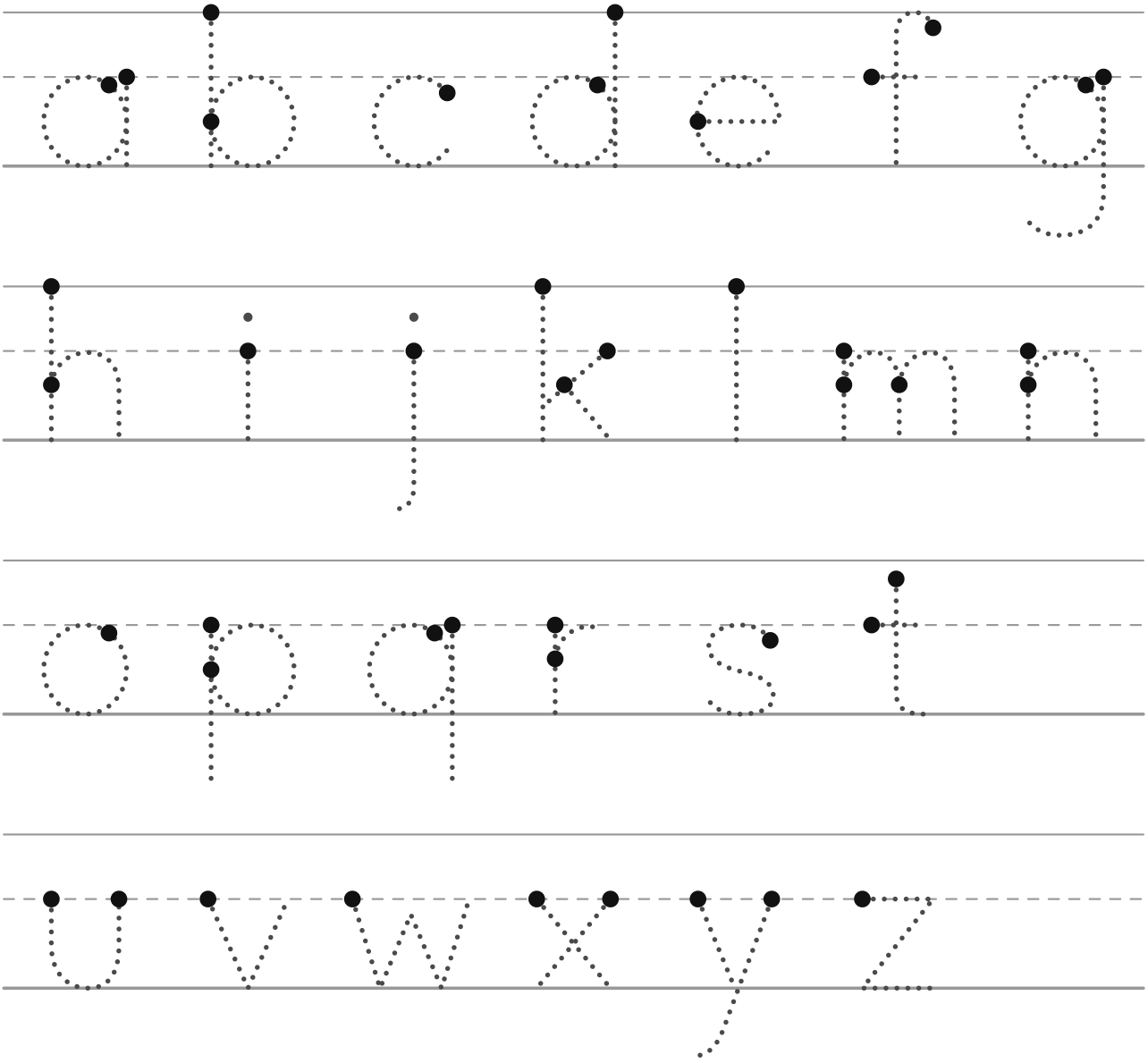
Say the sound of each letter, then the word. Point as you go.

Aa apple	Bb ball	Cc cat	Dd dog	Ee egg
Ff fish	Gg goat	Hh hat	Ii igloo	Jj jelly
Kk kite	Ll lion	Mm moon	Nn nest	Oo orange
Pp pig	Qq queen	Rr rabbit	Ss sun	Tt tree
Uu umbrella	Vv van	Ww worm	Xx fox	Yy yo-yo
Zz zebra	**Now say the whole alphabet from a to z!** ☆☆☆☆☆			

Free class pack from Trace & Grow · print as many as you like · more free pages at traceandgrow.com/free

Trace the alphabet: small letters

Trace each letter. Start at the dot and follow the arrow.

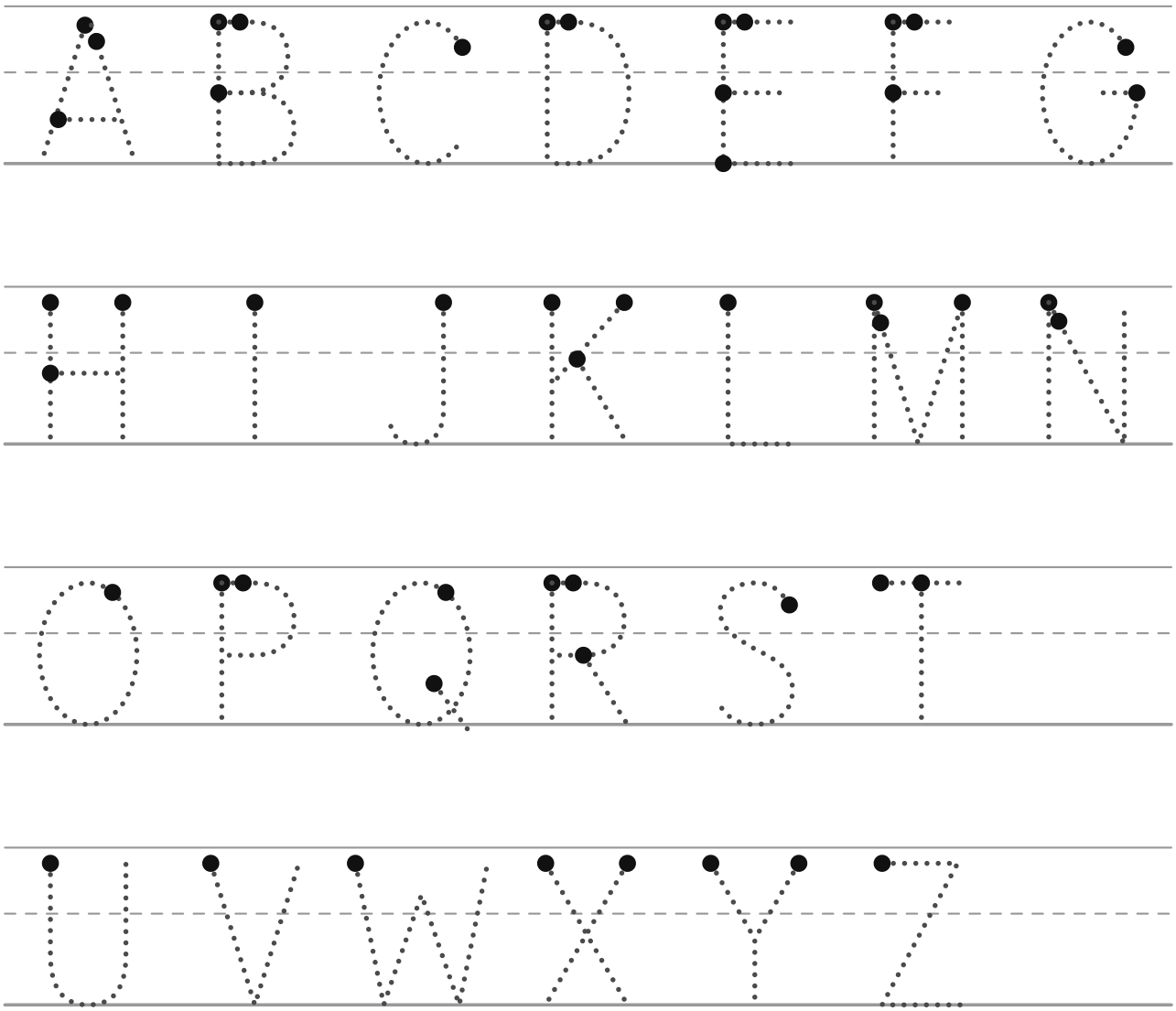


Now write the alphabet yourself

Free class pack from Trace & Grow · print as many as you like · more free pages at traceandgrow.com/free

Trace the alphabet: capital letters

Trace each letter. Start at the dot and follow the arrow.



Now write the alphabet yourself

Free class pack from Trace & Grow · print as many as you like · more free pages at traceandgrow.com/free

Tall, short and tail letters

Some letters are tall, some are short and some have a tail. Write each letter in the right row.

b a g d m p h o y k f e

letter bank

Tall letters

These letters reach up to the top line.



write the letters here

Short letters

These letters stay in the middle.



write the letters here

Tail letters

These letters have a tail below the line.



write the letters here

Free class pack from Trace & Grow · print as many as you like · more free pages at traceandgrow.com/free

My name

A grown-up writes your name in pencil. Trace over it, then write it yourself.

Trace my name grown-up writes here

Now write my name

My name starts with



Colour one box for each letter in my name.

Draw a picture of yourself

Free class pack from Trace & Grow · print as many as you like · more free pages at traceandgrow.com/free