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Our homeschool week

Week of: _____ Fill in your own subjects down the side, then plan each day.

	Monday	Tuesday	Wednesday	Thursday	Friday
_____	☐	☐	☐	☐	☐
_____	☐	☐	☐	☐	☐
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This week's focus

Trips, groups and clubs

What went well

An example week

About an hour and a half of sit-down learning a day, with a lighter Friday for trips and catching up.

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning basket 15 min	Poem and calendar ☐	Song and weather ☐	Poem and calendar ☐	Picture talk ☐	Show and tell ☐
Maths 20 min	Number bonds to 10 ☐	Number bonds game ☐	Shapes hunt ☐	Measuring in the kitchen ☐	Trip day ☐
Reading 20 min	Phonics: new sound ☐	Reading book ☐	Phonics: review ☐	Reading book ☐	Library visit ☐
Writing 15 min	Letter formation ☐	Name and a label ☐	Letter formation ☐	Write a list ☐	Trip day ☐
Topic 30 min	Science: seeds ☐	Art ☐	Geography: our street map ☐	Science: plant diary ☐	Trip: park or museum ☐
Outside 45 min+	Park ☐	Walk to the shops ☐	Garden ☐	Swimming ☐	Trip day ☐
Read-aloud	Chapter book ☐	Chapter book ☐	Chapter book ☐	Chapter book ☐	Choose a story ☐

For grown-ups

This is one way to do it, not a rule. In England, home educators don't have to follow the National Curriculum or keep school hours, and in the US each state sets its own rules (some ask for set subjects, days or hours), so check yours. Tick each box when it's done, and move anything you skip to Friday.